



FOR IMMEDIATE RELEASE - Friday, May 31

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THREE FRIARS REPRESENT OUTDOOR TRACK AT NCAA CHAMPIONSHIPS

Sisson and Nagel enter the 5000 meter ranked in the top-10 out of 24 competitors.

PROVIDENCE, R.I. - Three Friars will represent the Providence College outdoor track and field team at the 2013 NCAA Outdoor Track and Field Championships on Wednesday, June 5 to Saturday, June 8 in Eugene, Ore.

Juniors Emily Sisson (Chesterfield, Mo.) and Laura Nagel (Napier, New Zealand) both qualified for the NCAA Championships in the women's 5,000 meter run. Sisson and Nagel will race in the finals on Friday, June 7 at 9:15 p.m. ET.

Earlier this season, Sisson earned a first place finish in the 5,000 meter race at the NCAA East Regional Preliminary round on Saturday, May 25 in Greensboro, N.C. She finished with a time of 15:58.72 to qualify for her third career NCAA Outdoor Championships in the 5000 meter run. During the 2012 NCAA Championships she finished fourth with a time of 16:18.24.

With her fourth place finish in her qualifying heat of the NCAA Preliminaries, Nagel will join Sisson in the women's 5,000 meter race on Saturday for her first career appearance at the NCAA Outdoor Track and Field Championships. Earlier this season, Nagel posted a personal best time of 15:50.36 in the 5,000 meter run to claim a first place finish at the Colonial Relays on Saturday, April 6.

Both Nagel and Sisson were named BIG EAST Athletes of the Week during the 2013 outdoor season. Along with weekly league honors they were named to the All-BIG EAST Team for their first place finishes at the 2013 BIG EAST Championships in their respective events. Nagel competed in the 5,000 meter run, while Sisson took the 10,000 meter run at the BIG EAST Championships.

Senior Shelby Greany (Suffern, N.Y.) will compete in her third career NCAA Outdoor Championship in the women's 3,000 meter steeplechase semifinals on Thursday, June 6 at 8:35 p.m. ET. The finals will take place on Saturday, June 8 at 5:57 p.m. ET. and will consist of the top-five from each heat and the two fastest times following the two-10 picked.

Greany earned a fifth place finish in her qualifying heat at the NCAA East Regional Preliminaries with a time of 10:10.22 in the women's 3,000 meter steeplechase. Earlier this season, Greany finished second at the BIG EAST Outdoor Championships in the 3000 meter steeplechase with a time of 10:16.07. Her performance at the BIG EAST Championships was recognized with All-BIG EAST Team honors. For her career, Greany finished 10th (2012) and sixth (2010) at the NCAA Outdoor Championships in the 3,000 meter steeplechase.

For live results, entries and more information on the 2013 NCAA Outdoor Track Championships [CLICK HERE](#).

Below is the schedule of viewing options for the three competitors:

Thursday, June 6

3,000 Steeplechase semi-final, 5:35 p.m. Pacific, 8:35 p.m. Eastern (Shelby Greany)

- ESPN 3, coverage begins at 6:50 p.m. Eastern

Friday, June 7

5,000 meter final, 6:15 p.m. Pacific, 9:15 p.m. Eastern (Emily Sisson, Laura Nagel)

- ESPN U, coverage begins at 7:30 p.m. Eastern

Saturday, June 8

3,000 Steeplechase final, 2:57 p.m. Pacific, 5:57 p.m. Eastern (Shelby Greany)

- ESPN U, coverage begins at 5:00 p.m. Eastern

--GO FRIARS--